



TTT providing help for you and your family:

Everyone needs help and support at times and that's what we are here for. Trafford Team Together (TTT) can help you to find solutions to worries you may have about your family.

What can I get help with?

These are some of the issues that TTT could help you with:

- Dealing with times of change.
- Your child's self-esteem and confidence.
- Your child's school attendance.
- Challenging behaviour.
- Family relationships.
- Financial difficulties.
- Parenting strategies.
- Understanding your child's development.

These are just examples, there may be other things you would like help with so please make contact.

What is Trafford Team Together?

Trafford Team Together, or "TTT", is a fresh approach to ensuring that our children, young people and families are supported in the right way, as early as possible to help prevent small worries turning into future problems.

Everyone involved in TTT is committed to working in partnership for you and your family including schools, health, social care, community safety, housing, and a wealth of voluntary organisations.

Who is on the TTT and who is it for?

TTT are pleased to be working alongside Navigation Primary School .

People who attend the TTT meetings will always include someone who knows you well, such as a member of school staff. The meetings are arranged by the TTT Co-ordinator and she will ensure that the right people will attend depending on what you say you feel you need.

You and your child will each get time with the person you feel most comfortable with to talk about how you are feeling and what you think you may need help with.

You and your child will not have to go to the TTT meeting as it is just for the team to agree what help may be available and to get an action plan sorted out for you.

You will always be contacted after the meeting to talk about the suggestions that have been made so you can decide what you would like to do.

What can families expect?

- We are people you know & trust- who respect & understand you and your family.
- We take a holistic approach to helping you and your family.
- We recognize and build on family & community strengths.
- We find the right activities, support & services in your local area.
- We help to make a real difference to families now and for the future.
- We provide early help to prevent small worries becoming future problems.
- We will always ask for your permission to talk to others about how we can help you.



Who are we?

Introducing your TTT Co-ordinator:



“Hi, I’m Catherine, I am one of the co-ordinators in the South area for TTT. I am a Mum of three and understand that family life can be busy and challenging at times. You know your family better than anyone, I am eager to work alongside you to ensure you and your family can access the right support, at the right time that is most suitable for you. Within my role I will work closely with other agencies to ensure that the support they can offer is accessible to all families that need it. ”

My contact details are:

catherine.cairns@trafford.gov.uk

Tel: 07834869689

Where can I find out more?

For more information, if you think we may be able to help, please contact the TTT Coordinator or your school contact below.

Here are some examples of how families have already been supported through TTT:

- Access to support through voluntary sector agencies such as Home Start for practical support (e.g access IT at home, food parcels, navigating the benefits system) and advice (e.g. emotional support).
- One to one support and advice from DWP worker to complete a welfare benefits check.
- Advice and information from Trafford’s Housing Options Service on housing applications.
- Information from a school nurse regarding your child’s health needs.
- Mentoring support for children/young people to help with self esteem, confidence.
- Access to creative activities in the community (e.g. art, dance, cookery).
- Access to other support within the community e.g. wellbeing activities or support from other agencies e.g. Young Carers.