**Navigation Primary PSHE/Skills for Life/RSE LTP**

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| --- | --- | --- | --- | --- | --- | --- |
|  | Aut 1 | Aut 2 | Spr1 | Spr2 | Su1 | Su2 |
| 1 | Being me in my world | Celebrating difference | Dreams and goals | Healthy me | relationships | **RSE curriculum**  Di­fferent Friends Growing and Changing  Families and Care |
| 2 | Being me in my world | Celebrating difference | Dreams and goals | Healthy me | relationships | **RSE curriculum**  Differences  Male and female animals  Naming body parts |
| 3 | Being me in my world | Celebrating difference | Dreams and goals | Healthy me | relationships | **RSE curriculum**  Body Differences  Personal Space  Help and support |
| 4 | Being me in my world | Celebrating difference | Dreams and goals | Healthy me | relationships | **RSE curriculum**  Changes  What is puberty?  Healthy relationships |
| 5 | Being me in my world | Celebrating difference | Dreams and goals | Healthy me | relationships | **RSE curriculum**  Talking about puberty  The reproduction system  Puberty help and support |
| 6 | Being me in my world | Celebrating difference | Dreams and goals | Healthy me | relationships | **RSE curriculum**  Puberty and reproduction  communication and relationships  families, conception and pregnancy  online relationships |