

Winter Water Safety

Key Stage 1

Meet Cracker the Fire Dog

Today, we are going to talk about:

- Staying safe during winter
- The dangers of water and ice
- How to stay safe near water
- What to do in an emergency
- Calling 999



Staying Safe in Winter



The Dangers of Water and Ice



Going into very cold water can seriously affect your breathing and movement

Water can change into ice. This change is called **freezing**

When you are near water, stay away from the edge

How to Stay Safe near Water



STOP AND THINK

- Look for the dangers
- Always read the signs

STAY TOGETHER

- Always go with friends, family, carers – someone you trust

What to do in an Emergency



If you fall through the ice:

If you're struggling in the water

- **Lean back** - like you are lying in bed
- **Float**
- Shout for help
- If you can, swim to safety

If someone else falls through the ice:

- **DO NOT** go on the ice! **DO NOT** go in the water!
- Shout for help and **call 999 (or 112)** for the emergency services
- Keep an eye on the person and keep talking to them
- Throw something that floats for them to hold on to, like a life-ring or even a football
- **Wait** for the emergency services, and **encourage** the person in the water to hold on

Calling 999 in an Emergency

Don't be scared about calling 999 - the emergency services are there to help you and are used to taking calls from children. They will guide you and offer their support as you wait for help to arrive.

To help emergency services understand where you are and what has happened, speak as clearly and calmly as you can. Try not to rush your words or the operator won't be able to understand you.

Don't hang up until the operator tells you to. The operator needs to have all the information they need to get to you as quickly as possible.



What have we learnt?

- Can you tell me 3 things about the dangers of water and ice?
- What have you enjoyed?
- Will you be able to tell someone else what you have learnt today?

